

**Physical Development** – gross motor skills, fine motor skills

Children will learn to be active and interactive, to improve their skills of co-ordination, control, manipulation and movement.

Physical experiences are about...

- Using a hammer carefully and effectively at the woodwork bench
- Being able to pour the milk into a cup at snack time
- Being able to use a pencil and hold it effectively
- Being able to balance along a difficult plank
- Moving in different ways - from tummy time to running sideways
- Threading a piece of string through a hole in a kite they have made
- Being still
- Moving in time to the music
- Clapping and stamping a pattern
- Being able to cut along a line with scissors